

Informational Tables

- Hicksville Congress of Teachers-Wellness Snack-Apples
- HS Student Government—Blood Donation
- Class of 2015-Friendship Bracelets
- Class of 2014-Dangers of Stress
- Class of 2013-Healthy Food Choices
- Interact Club-Healthy Recipes
- Helping Hands-Technology & Health
- Natural Helpers-Tobacco Cessation
- Nassau County Health Department
- Epilepsy Foundation of Long Island
- United Health-Health Care
- AAA-Driver Safety
- “Snack Attack” snack choices
- What’s in Your Kitchen-Portion Size
- Read for Life-Lifestyle Books
- “Deliciful”-Lice Facts & Treatment
- Martial Arts America
- Lucille Roberts-Physical Fitness
- Family & Children's Association-Mental Health
- Ecology Club-Recycled Craft Projects
- Cohns Children Center-Childhood Illness
- Smile Station-Pediatric Dentist
- Sweat Gym-Physical Fitness
- Maur Foundation-Breast Cancer
- North Shore LIJ-Health & Wellness
- Organ Donation
- Whole Foods-Natural Vs. Processed Foods
- American Dental Center-Dental Health
- Project Heal-Eating Disorders
- Home Physical Therapy Solutions
- American Cancer Society
- CAPS-Child Abuse Prevention Services
- Nassau Safe Coalition-Childhood Obesity
- “My Phitness”-BMI/Body Fat
- American Heart Association
- LI Crisis Center-Its OK to Ask for Help
- Coalition for Domestic Violence

Hicksville Board of Education

Anthony J. Edelman , *President*

Susan Powell, *Vice President*

Dolores Garger, *Secretary*

Steven Culhane

Maureen Lee

James Mott

Kevin J. Carroll



Hicksville Administration

Maureen K. Bright
Superintendent of Schools

Sharon Denué
*Assistant Superintendent
for Business*

Brian K. Heyward
*Assistant Superintendent
for Personnel*

Marianne Litzman
*Assistant Superintendent
for Curriculum & Instruction*

**Free
Raffles!**

12:30 Winner
need not be
present

**Free
Give
Aways!**

**Earn Extra
Credit!**

Hicksville Public Schools



2nd Annual Wellness Fair



March 3, 2012

9:00 AM - 1:00 PM

Hicksville High School

ACTIVITIES

9:00-1:00

Ping Pong & Knock Hockey

Cafeteria B
Mr. Anthony Tussie & Ms. Christine Fama



Healthy Snacks

Whitson's Food Service
Cafeteria



Free Blood Pressure Screenings

Hicksville Nurses' Association
Health Office



Child ID Program-NY Life

David Lee
Room 112



Interactive Games

Ms. Margaret Lang
Room 111

Nassau County Police Department

Kid Pix & Free Parent Kits
Comet Store



CPR Demonstrations

St. Francis Community Health Education
Room 157

Recycling
Lee Ave Student Council
Cafeteria



Nassau Community College- Nursing Students' Health Presentations-Variou Health Topics

Mrs. Jeannine Fox
Room 109 & 126



9:00-10:00

Cooking Healthy

Ms. Diane Teneriello &
Ms. Laura Clements
Room 142

9:00-10:00

Boys & Girls Basketball Clinics

Mr. Phil Essigman
& Mr. Rich Hinnerschietz
Main Gym



9:00-9:45

Winter Guard Techniques

Ms. Molly Tittler
Girl's Gym



9:15-10:00

Yoga for Children

Ms. Laura Levine
Boy's Gym

9:15-10:00

Spin Class

Mr. Thomas Glenn
Weight Room



10:00-10:45

Step Aerobics

Ms. Lisa Nowakowski
Girl's Gym

10:00-11:30

"Stay Well with Pacabel"

MS Music Department
Across from Main Office



10:00-1:00

Circuit Training

Mr. Frank Ciaramitaro &
Mr. Peter Antonicelli
Weight Room

10:00-1:00
Volleyball & Basketball
Main Gym



10:15-11:00
Yoga for Adults

Ms. Laura Levine
Boy's Gym

10:30-11:30 & 11:30-1:00

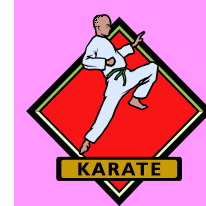
Long Term Care

Mass Mutual
Ms. Suzanne Christopher

11:15-12:00

Koga

Sweat Gym
Girl's Gym



11:15-12:00

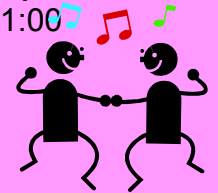
Karate

Martial Arts America
Boy's Gym

12:15-1:00

Zumba

Lucille Roberts
Boy's Gym



12:15-1:00

Boot Camp Exercises

Class of 2012
Girl's Gym

Video Production

9:00-1:00
Main Lobby

